

PRESSURE COOKER VEGETABLE COOK TIME CHEAT SHEET



Spinach

3 min



Onions

3 min



Asparagus

2 min



Okra

3 min



Eggplant

4 min



**Brussel
Sprouts**

3 min



**Sweet Potato
(Whole)**

12-15 min



**Broccoli
Florets**

2 min



**Corn
(Kernel/Cob)**

2 min/5 min



**Artichoke
Hearts**

5 min



Celery

3 min



**Bell
Peppers**

2 min



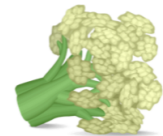
**Potato
(Whole)**

12-15 min



Cauliflower

3 min



Cabbage

4 min



Tomatoes

3 min



**Green
Beans**

3 min



Carrots

7 min

