

PRESSURE COOKER CONVERTING RECIPES



FROM SLOW COOKER

Slow Cooker Time

10 hours on low/5 hours on high
8 hours on low/4 hours on high
6 hours on low/3 hours on high
4 hours on low/2 hours on high

Pressure Cooker Time

30 minutes on high pressure
24 minutes on high pressure
18 minutes on high pressure
12 minutes on high pressure

FROM OVEN/STOVE TOP

Stove/Oven Cook Time

5 hours
1 1/2 hours
1 hour
30 minutes

Pressure Cooker Time

40 minutes on high pressure
30 minutes on high pressure
20 minutes on high pressure
10 minutes on high pressure

RECIPES WITH PASTA

Lowest Pasta Cook Time

12 minutes

9 minutes

6 minutes

3 minutes

Pressure Cooker Time

4 minutes on high pressure
let NPR for 5 minutes then QR

3 minutes on high pressure
let NPR for 4 minutes then QR

2 minutes on high pressure
let NPR for 3 minutes then QR

1 minutes on high pressure
let NPR for 2 minutes then QR