

Kitchen Conversions

Liquid Measurements



GALLONS

QUARTS

PINTS

CUPS

FLUID OZ

1 gal	⋮	4 qt	⋮	8 pt	⋮	16 cup	⋮	128 fl oz
1/2 gal	⋮	2 qt	⋮	4 pt	⋮	8 cup	⋮	64 fl oz
1/4 gal	⋮	1 qt	⋮	2 pt	⋮	4 cup	⋮	32 fl oz
1/2 gal	⋮	1/2 qt	⋮	1 pt	⋮	2 cup	⋮	16 fl oz
1/8 gal	⋮	1/4 qt	⋮	1/2 pt	⋮	1 cup	⋮	8 fl oz

Dry Measurements



CUPS

TABLESPOONS

TEASPOONS

GRAMS

1 cup	⋮	16 tbsp	⋮	48 tsp	⋮	229 g
3/4 cup	⋮	12 tbsp	⋮	36 tsp	⋮	171 g
2/3 cup	⋮	10 2/3 tbsp	⋮	32 tsp	⋮	152 g
1/2 cup	⋮	8 tbsp	⋮	24 tsp	⋮	114 g
1/3 cup	⋮	5 1/3 tbsp	⋮	16 tsp	⋮	76 g
1/4 cup	⋮	4 tbsp	⋮	12 tsp	⋮	57 g
1/8 cup	⋮	2 tbsp	⋮	6 tsp	⋮	29 g
1/16 cup	⋮	1 tbsp	⋮	3 tsp	⋮	14 g